

# Kooth Virtual Session Shropshire, Telford & Wrekin

You are invited to our free virtual meeting 'Kooth Updates & Offer of Support'

# on Thursday 30<sup>th</sup> April at 9.30am.

The session is being delivered by Jennifer Shergill (Integration & Participation Worker for Kooth), **for secondary school teachers and staff** as an alternative to face to face presentations.

The sessions are accessible via Zoom (a remote virtual conferencing service platform).



To be able to join a virtual session by **mobile phone**, the free Zoom app must be downloaded from the app store.

If you are using a **laptop** to access the meeting, after clicking on the **meeting link**, (provided to you by Jennifer Shergill via email) you will be prompted to download the Zoom plugin.

Please follow the instructions on your screen to download the plugin, which is easily accessible, safe and secure:

Please click Open Zoom Meetings if you see the system dialog.

If nothing prompts from browser, download <u>Zoom Client for Meetings</u> & then run Zoom.

This will then take you straight to the meeting room. If you have any problems accessing the service, please contact me via jshergill@xenzone.com

## Scheduled Session for School Professionals Only

The meeting is only for staff who work in a school within Shropshire, Telford & Wrekin

### Kooth Updates & Offer of Support

#### Shropshire, Telford & Wrekin Schools (young people aged 11-25 years)

Thursday 30<sup>th</sup> April, 9.30-10.30am

#### Duration of the session: 1 hour

Throughout the virtual session you will be able to view the Kooth presentation, however participant microphones will be muted to eliminate background noise. If you have any questions at all, please feel free to email me at: jshergill@xenzone.com or telephone: 07534 026 540 for further information.

#### **Description:**

The following Zoom meeting will provide an introduction to Kooth for school staff and professionals who may not be aware of Kooth support. Information will also be provided regarding our current offer of support to schools where pupils are still in attendance across Shropshire, Telford & Wrekin.

#### Presentation details:

• Introduction to XenZone and overview of the Kooth service, the support available and how young people can access Kooth.

• Information on features of Kooth including: pre-moderated and age appropriate articles and forums, peer to peer support, goal setting, mood tracker and counselling support through our live and static service.

• Information on assemblies/workshops that we can deliver to schools, i.e. exam stress, mental health etc., and promotional materials/digital materials.

• Time for Q and A after presentation.

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If you are interested in joining the Kooth Virtual Session, or have any questions please contact me at <a href="mailto:ishergill@xenzone.com">ishergill@xenzone.com</a> to confirm your place.