



## Who to contact

### West Mercia Police

101 (non-emergency)  
999 (emergency)

### Shropshire Domestic Abuse Service (DAS) and 24 hour helpline

[www.westmerciawomensaid.org](http://www.westmerciawomensaid.org)  
0300 303 1191

The service delivers free, confidential advice and support to female and male survivors, young people and children. It is the single point of access to services. You can call if you need a listening ear, advice, access to refuge accommodation, support, advocacy, outreach support or someone to talk to.

### National Centre for Domestic Violence (NCDV)

0800 970 2070

Provides a free, fast emergency injunction service to survivors of domestic violence regardless of their financial circumstances, race, gender or sexual orientation.

### West Mercia Rape and Sexual Abuse Support Centre (WMRSASC)

01905 611655  
[www.wmrsasc.org.uk](http://www.wmrsasc.org.uk)  
[office@wmrsasc.org.uk](mailto:office@wmrsasc.org.uk)

WMRSASC is a free, confidential and non-judgemental service for men, women and children (aged 5 & over) who have experienced any form of sexual attack, whether physical, verbal or emotional. Our services include telephone support for survivors and their family or friends via our telephone helpline and face to face counselling support and ISVAs for clients aged 5 years and over.

West Mercia Women's Aid  
[westmerciawomensaid.org](http://westmerciawomensaid.org)  
0800 783 1359

If you are worried or frightened by your partner or ex-partner, a family member or someone close to you, please ring our Helpline for support, advice and information about your options

### Shropshire First Point of Contact

Front door for Adult Social Care, Adult Safeguarding, Compass (concerns and early help for children), Family Information, Under 18 and homeless.

The First Point of Contact or 'FPOC Team' are part of Shropshire Council's Customer Service Centre. The team of advisors take calls and emails from members of the public and professionals looking for support and assistance for adults in Shropshire.

We also take calls from professionals and members of the public raising safeguarding concerns over the welfare of a child or young person in Shropshire or seeking professional advice at an early help level for children and their families.

### How to refer to us

- Adults 0345 6789044
- Children 0345 6789021

## Who to contact (cont'd)

<b>National Stalking Helpline</b>
0808 802 030 www.stalkinghelpline.org
The helpline provides guidance and information to anybody who is currently or has previously been affected by harassment or stalking. The Helpline can provide guidance on the UK law, reporting offences to the police, evidence gathering, and your personal safety.

<b>Karma Nirvana</b>
0800 5999 24 www.karmanirvana.org.uk
Providing support and advice around Forced Marriage (FM), Honour Based Abuse (HBA) and Female Genital Mutilation (FGM). Cultural acceptance does not mean accepting the unacceptable. One of our key principles is that we never talk to or engage with your family. Our commitment and loyalty is to you and as we understand the fears when family members become involved.

<b>Paladin (National Stalking Advocacy Service)</b>
020 3866 4107 www.paladinservice.co.uk
Paladin assists high risk victims of stalking throughout England and Wales.

<b>ChildLine</b>
0800 555 111 www.childline.org.uk
ChildLine is the UK's free, confidential helpline dedicated to children and young people.

<b>Men's Advice Line</b>
0808 801 0327 www.mensadvice.org.uk
Confidential helpline for men experiencing domestic abuse.

<b>National Rape Crisis Helpline</b>
0808 802 9999 (Freephone)

<b>National LGBT Domestic Abuse Helpline</b>
0300 999 5428 help@galop.org.uk
Support for lesbian, gay, bisexual and transgender people experiencing domestic abuse.

<b>Domestic Violence Disclosure Scheme (Claire's Law)</b>
This scheme aims to provide a formal mechanism for you to make inquiries about your partner if you are worried that they may have been abusive in the past, or about someone else's partner on their behalf. If police checks show that the partner has a record of abusive behaviour, or there is other information to indicate that you may be at risk from your partner, the police will consider sharing this information with you or the person you are worried about. The scheme aims to help you to make a more informed decision on whether to continue a relationship and provides further help and support to assist you when making that choice. If you wish to make an application under the Scheme phone 101 (the non-emergency number for the police) and request to complete a Claire's Law application.